

perceptions about the use of biological therapy in five countries in Central America.

Methods: Through November 2008 to April 2009 cancer specialists were invited to complete a survey evaluating demographic variables, practice characteristics, and opinion about target therapy in their clinical setting.

Results: 68 physician were surveyed. 44 males and 24 females. 34 medical oncologists (50%), 15 (22%) surgical oncologists and 19 (28%) gynecologist oncologists. Median age was 46 ± 8.4 years. 85% do both public and private practice. While 28% of patients in private practice frequently ask about biological therapy only 7% of patients in public practice do ($p < 0.001$). 93% of oncologists acknowledge the patient's right to be informed regardless the inequities of the system. 43 (63%) physicians comment about biological therapy to patients with clinical indication and 20 (37%) physicians do not comment unless the patient ask. There were no differences between the physicians characteristics and tell or not to tell about the biological therapy. Not having the biological therapy available for patient produce some degree of stress in 70% of physicians ($p = 0.001$), 68% of physician whom would not tell the patient about the biological therapy consider that raising the topic would only produce anxiety in patients and their families versus 32% whom disagree ($p = 0.023$). In a situation without budget deficit 97% and 95% of physicians would use trastuzumab in adjuvant and palliative setting ($p < 0.001$), 86% erlotinib after chemotherapy failure in metastatic lung cancer ($p < 0.001$), 91% first line monoclonal antibodies in metastatic colorectal cancer ($p < 0.001$), 96% sunitinib in metastatic renal carcinoma. Only 37% agree the use of trastuzumab beyond progression ($p = 0.038$) and 30% would use monoclonal antibodies beyond progression in metastatic colorectal cancer ($p = 0.007$). 70% of physician use NCCN treatment guidelines and 10% ESMO recommendation, but 79% refer that clinical guidelines do not consider cost-effectiveness issues.

Conclusion: Facing decision about biological therapy in public health system in low and middle income countries involve ethical and social dilemma for doctors and patients. A balance between information and realistic option is recommended.

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POSTER

Dermatological side effect interventions for targeted cancer treatment untangled: a systematic review

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Significance & Background: Dermatological side effects, such as papulopustular rash, xerosis, pruritus, periungual inflammation and ocular changes, often occur during cancer treatment with Targeted Therapy. Patients are hindered in their daily activities and cannot maintain privacy about their illness because of these visible side effects. These circumstances can lead to a decreased health related quality of life (HRQoL) and to discontinuation of treatment. Conceptual Framework: At present, clear terminology of the dermatological symptoms and evidence of the effectiveness of the management options about the side effects are lacking. Both, guidelines and assessment tools to collect relevant data are little used in current daily practice.

Methods & Analysis: A very specific search strategy was constructed thoroughly. The literature research was performed in Medline through Pubmed, Embase and CINAHL, following the guidelines of the Cochrane Collaboration. All papers about management of dermatological reactions caused by Targeted Therapy were included. Different categories were developed in advance and all data were analyzed accordingly (a. patient education, b. assessment tools, c. guidelines, d. pharmacological agents, e. interventions not otherwise specified, f. effect on the seriousness of the dermatological reactions, g. HRQoL, and h. treatment compliance). Two reviewers independently assessed the papers and extracted the data.

Findings & Implications: 135 articles were included. Inconsistent advices on management strategies and their influence on the seriousness of the dermatologic reactions were found. The results indicate that for rash topical immunomodulators and oral antibiotics seem to be more effective than topical antibiotics, antibacterials and retinoids.

The review suggests that interventions like baseline assessment, patient education and measurement of HRQoL and treatment compliance can help managing the rash. The assessment tools FACT and SKINDEX-16 can be worthwhile to use.

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POSTER

Health-related quality of life (HRQL) of family members and cancer patients undergoing chemotherapy – final results

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Background: It was observed that although cancer patients undergoing chemotherapy had better mental component parameters, they fared worse in physical component parameters. In order to confirm the initial results we extended our survey to a higher sample population.

Methods: 212 family members (133 women) of mean age 48.9 and 212 cancer patients undergoing chemotherapy (119 women) of mean age 57.3 completed the SF-36 health survey by personal interview. The SF-36 health survey contains 36 questions covering functional health status and general health and has been validated in a Greek general population. The questions are summarized into eight scales measuring physical functioning (PF), role physical (RP), bodily pain (BP), general health perception (GH), vitality (VT), social functioning (SF), role emotional (RE), and mental health (MH), with higher scores (0–100 range) reflecting better-perceived health. Two component summary scores capture the overall physical and mental health (Physical Component Summary or PCS and Mental Component Summary or MCS).

Data analysis was performed with SPSS version 13.0 while statistical analysis was performed with Wilcoxon signed ranks test. Significance was set at 0.05.

Results: Table 1 summarizes the final results of our study. As it was expected the physical component parameters were higher in the family members of the patients ($p < 0.001$). Indeed, the mental component of the family members was lower than the cancer patients; statistically significant in MH and MCS.

Conclusions: The final results, with double the surveyed population, confirmed the preliminary findings of our study. Although the mental component parameters were significantly higher in cancer patients undergoing chemotherapy, the physical component ones were significantly higher in their family members. Supportive programs for both the patients and the family members seem mandatory.

Table 1

	PF	RP	BP	GH	VT	SF	RE	MH	PCS	MCS
Patients	68.9* (30.4)	31.2 (39.5)	64.9 (35.9)	55.0 (23.4)	61.6 (24.5)	67.7 (35.9)	60.2 (41.7)	67.6 (20.0)	40.7 (11.6)	47.6 (11.8)
Family members	93.3 (15.7)	83.0 (33.5)	88.2 (23.0)	72.6 (18.5)	67.1 (25.6)	65.6 (32.7)	55.9 (41.1)	60.3 (23.4)	57.0 (8.0)	40.1 (13.6)
<i>p</i>	<0.001	<0.001	<0.001	<0.001	0.024	0.305	0.408	0.001	<0.001	<0.001

* Mean score and (1Standard Deviation) is described.

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POSTER

CORRECT, a web-based, observational study, showing that darbepoetin alfa is effective in treating chemotherapy-induced anaemia and improves quality of life in patients with breast or colorectal cancer

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Background: Clinical studies have shown that darbepoetin alfa (DA) therapy is effective in treating chemotherapy-induced anaemia (CIA) in patients (pts) with non-myeloid cancer, resulting in improved haemoglobin (Hb) levels, reduced transfusion requirements and better quality of life (QoL). Less is known about the response to DA treatment in daily clinical practice.

Methods: This prospective, multicenter observational study evaluated the efficacy of DA in treating CIA in pts with breast cancer or colorectal cancer (CRC) in routine clinical use. A web-based registry was used to collect data on therapies, Hb levels, transfusions and QoL.

Results: The present analysis is based on data from 574 breast cancer pts and 222 CRC pts. Physicians' treatment objectives for DA included prevention of red blood cell (RBC) transfusions (81% of breast cancer pts vs 18% of CRC cancer pts), fatigue (36% for breast cancer pts vs 61%